



HAMILTON-WENTWORTH CATHOLIC DISTRICT SCHOOL BOARD

OUR LADY OF THE ASSUMPTION CATHOLIC ELEMENTARY SCHOOL

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"A proud feeder school of Bishop Ryan Catholic Secondary School"

Principal: Mrs. L. Fama

Superintendent: Mr. C. Ciapanna

Vice-Principal: Mr. K. Mielko

Trustee: Mr. L. Agro

Pastor: Father D. Reitzel

Secretary: Ms. D. Pelz

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OLOA FALCON FLYER MARCH - 2019 NEWSLETTER

Loving Father, So many times I turn away from you and always you welcome me back. Your mercy and love gives me confidence. Thank you for the invitation to share, fast and pray so that you can form a new heart within me. Your powerful compassion for my weaknesses leads me to ask for mercy and await with great hope the Easter joy you share with us. May the Lord bless us, protect us from all evil and bring us to everlasting life.

AMEN

PRINCIPAL'S MESSAGE

Ash Wednesday marks the beginning of the very important season of Lent. Lent is a time for "Spring Cleaning", a cleaning of our hearts, our minds, as we continue our spiritual journey and grow closer to God. Lent is a time of going beyond ourselves and doing things that will make a difference for others. This is a time for us to ask God for His forgiveness for our human weaknesses. During these days of Lent, we strive to be even better Merchants of Hope for those around us. Ash Wednesday is a time to pray, fast, and for almsgiving. A great focus this lent is to be more generous in our words and actions.

May God continue to bless each of you with His wisdom, knowledge and grace throughout the month of March.

God bless.

Mrs. L. Fama

HOLY WEEK

Lent is a very important Liturgical Season. The week of April 14th to April 20th is Holy Week. April 21st, is Easter. April 22nd is Easter Monday and the school will be closed.

MARCH BREAK

We wish all our families a very wonderful and safe March Break. Enjoy the time with family and friends. The break is from March 11th to 15th. School will resume on Monday March 18th.



THE SACRAMENT OF RECONCILIATION

Our grade 2 students received the Sacrament on February 23rd. The students are working to understand and prepare for the Sacrament of First Holy Communion which takes place on Sunday, May 11th at Our Lady of the Assumption Parish. Thank you to Mrs. Brunetti, Mr. Furlanetto, and Mrs. Cataldo for all the preparation work with our students. A big thank you to Father Reitzel for his continued spiritual devotion and dedication! Special thanks to the parents for working with your children and having them fulfill their spiritual journey with the Parish, the school and at home. This is a very important triad that must work closely to strengthen the values we are so richly blessed with!

NUT & PEANUT SENSITIVE REMINDER

This is a reminder that Our Lady of the Assumption school is a peanut and nut sensitive environment to ensure the safety of our students. We are reminding you to please refrain from sending these products to school with your child.

VISITORS TO THE SCHOOL

For the safety of our children, we ask that you follow the school protocol for visitors to the school. **ALL VISITORS** must report to the office first. Thank you for your continued cooperation. We ask that all parents respectfully do not walk down the hallways and into the classrooms. This is for student and staff safety.

CATHOLIC COUNCIL SCHOOL NEWS

All parents are invited and welcome to attend our meetings. Our next meeting will take place on Tuesday, March 26th at 6:30pm in the library. This is a wonderful opportunity to learn about activities that are going on in our school.

SHARE KINDNESS WEEK-FEBRUARY 25-28

During the week of February 25th, our HAT team lead initiatives to spread kindness messages and positive messaging posters created by our students.



PINK SHIRT DAY

On Wednesday, February 28th the Our Lady of the Assumption Health Action Team hosted a Pink Shirt Day to promote kind words and kind actions in our school. We also continued to promote our motto, "Take a Hand Lend a Hand". The message being to be aware of those around us so that we reach out to others to help when we can as well as learning how to reach

out for help when we need a hand. Our students were invited to wear pink. The day was a great success, as OLOA staff and students responded to the HAT team's daily announcements and kindness messaging! The HAT team is very proud of the school spirit and support evident in the success of this initiative. Stay tuned for more Health Action Team events to come!

KINDNESS TREE

Throughout kindness week and continuing on, students had been receiving beads when acts of kindness were shown. These beads were then taken to decorate our "School Kindness Tree". The tree is located outside our gym entrance. It is our hope that students see the positive impact their kind actions have on others and the importance of inclusion.



Eco-News

The Eco-Team is continuing to focus on our Waste-free Wednesday efforts. Please continue to make environmentally friendly choices that produce little waste by choosing to buy items in bulk, packaging items in reusable containers and recycling items in the proper bins whenever possible. We invite all families to add Earth Hour 2019 to their calendars. This year Earth Hour is on Saturday March 30th and 8:30 p.m. OLOA will be participating as a school on Friday March 29th. More information to follow!

Stay green from the Eco-Team.

SPORTS NEWS

This year, we have had excellent team commitment by our coaches and students.

A special thank you to our coaches for giving of their time...

Mrs. Lolua and Mr. Mota- Sr. Girls Volleyball

Mrs. Cataldo and Mrs. Jones- Junior Girls Volleyball

Mr. Palumbo and Mr. Capretta-Sr. Boys Basketball team

Mr. Mamer and Mr. DeStephanis- Junior Boys Basketball

Our Falcons are having a great sports year. Go Falcons!

REGISTER NOW.... SCHOOL CASH ONLINE

Please remember to register for Easy-To-Use Online payment of school items and trips at hwcdsb.schoolcashionline.com. After registering for School Cash Online, you will receive notices notifying you of school trips, events, activities and other items available for purchase online. Our goal is to have 100% participation with online payment.

I thank you sincerely for all our families that have registered as our current percentage of parents registered users of cash online is 93%! Hooray!!

LOST AND FOUND

Lost and found items have been collected and are available for the students' review in the gym. We encourage students to pick up any items that belong to them and take them home. You are kindly asked to label every clothing item. The Lost and Found bin continues to resemble a department store 'clothing sale event' and this can be prevented if these items could be

identified with owner names! Thank you for your support. There are currently many items in search of their rightful owners. Unclaimed items will be packed up and donated to a local charity on Friday, March 22nd. Please feel free to check the lost and found before that time!



CANNED FOOD DRIVE

We will be collecting canned food from March 19th to March 27th.

KERNELS POPCORN

The Student Council will continue selling Kernels Popcorn on Tuesdays and Thursdays during lunch recess. Students can choose from a variety of flavours that are all compliant with the food and beverage policy. You can continue to purchase your popcorn tickets online!



CARNIVAL

Our Lady of Assumption held their annual "Carnival" with "Le Bonhomme de Neige" on February 1st. Mme Di Bussolo, Mme. Cerio and the grade 8 students spent many hours to prepare for this day of festivities to celebrate French Canadian culture and Mardi Gras at Our Lady of Assumption. The day consisted of many activities, such as: mask making, ice fishing game, and face painting. A photo booth was set up so that pictures could be taken with the famous Bonhomme de Carnaval. At one activity center the students had an opportunity to view live "Le Carnaval" in Quebec. Bravo Madame Di Bussolo, Madame Cerio et les élèves de Our Lady of Assumption. Vive le français!

DIVERSITY

On Friday March 8th, our grade 7 students lead by Mr. Palumbo and Mr. Mamer will be participating in a Diversity Conference here at school. The students will work on activities that highlight equality and respect for all.



TIP OF THE MONTH FOR HEALTHY SCHOOL LUNCHESES

Getting Children to Love Fruits and Vegetables. Many children don't get the amount of vegetables and fruit recommended by Canada's Food Guide. Most children need to be introduced to a new food 8 to 10 times before they will try it. Don't give up and try these tips.

1. Lead by example. When you make healthy food choices for yourself, you are teaching your children about healthy eating. Children are more likely to try new fruits and vegetables when they see others at the table eating them.
2. Take your children grocery shopping. Make eating vegetables and fruit a game of colours. Ask your children to find different coloured vegetables or fruit to have for snacks during the week.

3. Try experimenting with one new vegetable or fruit a month. For recipe ideas, check out www.eatrightontario.ca

JK REGISTRATION



Children starting Junior Kindergarten in September should be registered with their completed package returned to the office as soon as possible. Most current enrolment numbers are used for classroom organizations and staffing allotments. It is best to register sooner than later. Please also let your friends and neighbours know that the registration process for September has started.

The following documents are required for registration:

- Baptismal Certificate
- Birth Certificate
- Proof of Residency
- Proof of up-to-date immunization
- Immigration papers, if applicable

NOTICE FOR JK/SK REGISTRATION

YES, I have a child who will be entering JK in September 2019 or a new SK (not having attended JK this year). For JK, my child will be 4 years old by December 31, 2018 and for SK, they will be 5 years old by December 31, 2018. They have been baptized in a Roman Catholic Church. Please send home the necessary registration forms with:

Sibling's Name: _____

Teacher: _____

Name of Child to register for JK _____

Date of Birth: _____

MARCH

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6 ASH WEDNESDAY CELEBRATION PIZZA 	7 CANNED FOOD DRIVE BEGINS 	8	9
10 DAYLIGHT SAVINGS	11 MARCH BREAK BEGINS	12	13	14	15	16
17  ST. PATRICK'S DAY	18	19 CANNED FOOD DRIVE BEGINS 	20 PIZZA 	21 VISIT FROM FATHER GRADE 3 TRIP TO RICHARDSON'S FARM	22 GRADE 1 TRIP TO BATTLEFIELD HOUSE GRADE 2 TRIP TO RICHARDSON'S FARM	23
24 	25	26 CSC MEETING 6:30pm	27 PIZZA  CANNED FOOD DRIVE ENDS	28	29	30 EARTH HOUR 8:30pm-9:30pm